MS. NUCKOLS



ALL ABOUT ME

CHILDREN: 1

PETS: 1 DOG

YEARS IN EDUCATION: 10

YEARS AS A COUNSELOR: 4

COLLEGES:

ST. EDWARD'S UNIVERSITY

TEXAS A&M UNIVERSITY

I AM SO EXCITED TO BE AN NPE DUCK!

WHAT DOES THE COUNSELOR DO?

- Monthly Classroom Lessons
- Lunch Bunch/Small Groups
- Individual Sessions as needed
- Celebrations & Awareness
- Give you the tools to help yourself
- Teach you coping skills to be your best self
- Help keep you safe

REASONS TO SEE THE COUNSELOR?

- Worried about something
- Want help solving a problem
- Having trouble with a friend
- Big changes in your life